Runways

Newsletter of the Qantas Running Club www.qantasrunningclub.org



Volume 11: Issue - September, 2014

Editor's Notes

I send my apologies for this late, brief edition of the Runways newsletter. However, the QRC news is limited and is dependent on member input as much as the editor's contribution. So, I would love to receive any running articles or race reports you have competed in recently. Thanks once again to Bonnie Davies, in Tasmania, for her continued contributions. Also, thank you to Bob Mc Nair (#2253) for sending this 40 year old picture of the Qantas City to Surf team, from 1974. The photo shows vintage hair styles and running gear. With the exception of the first two City to Surf events, Bob has competed every year. The great achievement as Bob has lived in Canada for many years now.



We welcome new club members, Sean Jury, Richard Koloski, Andre Stein, Tony Lord & Ngoc-Yen Tran..

Good luck to all members travelling to WARR, in Dublin, over the next couple of weeks. With the recent Qantas / Emirates partnership, travel to Europe through Dubai continues to be a challenge. Further info and team, is listed below.

Race Results & Reports

City to Casino (Hobart) - 19 May 2014

Justin and I ran in the City to Casino fun run in Hobart on 19th May. This event marked the 12 month anniversary of my ruptured Achilles tendon so the nerves were certainly flying at the start. Conditions were perfect, clear and mild with a temp of 22 and completely still. The distance was 11km.

Times:

Bonnie Davies 47:27 (12th female and age winner) Justin Davies 57:22 (334th male)

Gold Coast Marathon festival weekend

Date: 5-6th July 2014

Justin Davies 2.00.41 (half marathon) Bonnie Davies 4.21.03 (marathon)

Sydney Harbour 10K – Darling Harbour

Date: 13 of July 2014

Radhika Reddy 52.54

Sutherland 2 Surf Fun Run & Walk

Date: Sunday 20th July 2014.

Bill Lloyd 45.38
John Burroughs 47.48
Shane Batkin 49.00
Greg Bingham 52.20
Jason Vella 54.20
Radhika Reddy 56.36
Wayne Williams 59.22
Gerard StoDomingo 1.14.42



City to Surf - SYD Date: 10th August 2014

Andrew Mabbitt Rob Gibellini Christopher Robinson	1.01.36 1.01.45 1.06.16
Bonnie Davies	1.07.02
Justin Davies	1.15.06
Radhika Reddy	1.16.25
Ghana Segaran (SQ)	1.17.03
Dianna Hardy	1.24.17
Grant Deitch	1.28.46
Gerard StoDomingo	1.29.32
Adrianna Parrino	1.31.56
Brett Hardy	1.39.13
Bob Mc Nair	1.58.58

Please forward articles and comments to the editor, tim.garvey@bigpond.com

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33rd World Airline Road Road

Date: 01-05th October 2014 Location: Dublin, Ireland www.worldairlineroadrace.org

The QRC team:

Roger Moresi (capt.), Rob Gibellini, Sue Burroughs, John Burroughs, Steve Ruston, Yvonne Ruston, Neil Campbell, Anne Campbell, Kevin Staines, Rebecca Staines, Bill Lloyd, Shane Batkin, Paul de Mott, Mark Ward, Lynn White, Mike Grehan, Di de Mott, Greg Daffen and Tim Garvey.

WARR key points, and the schedule of events planned for WARR this year are:

- Hotels booked for people to stay from the Wed/1st Oct to Mon/6th Oct through roomex .com.
- The host hotel being the O' Callaghan Group of Hotels on Merrion Square. (Reason for this is location, location)
- Opening ceremony and meet and greet in Trinity College on the Thursday evening with some music.
- A T-shirt swap party/reception on the Friday night in the print room overlooking Dublin Castle.
- Registration will be in Dublin Castle.
- Runners will be bussed from hotels/city centre for 10K and 5K starts.
 Race day is Sunday morning 5th October in St Anne's Park:
- 10K run is first starting at 10.00am with 2 laps of a 5K route.
- 5K run at 11.15am, both these times are provisional.
- After the race we will bus runners back to the city centre/hotels. We want to encourage the runners to have a look around the park and see what it offers.
- The gala dinner will be held in The Double Tree Hilton on the Sunday night at 6pm, where prizes for race and age group winners, are presented.
- The dinner will be sit down affair commencing at 6.30pm and will include some traditional Irish music and dance, followed by an 80's tribute band called 'Springbreak', followed by a disco.

The nominated charity this year is Pieta House (suicide awareness and self harm counselling) where all monies collected beyond our expenses for running the event will go Pieta House.

Upcoming Events

QRC 2014 RUNNING CALENDAR

(Please check individual websites for last minutes changes)

Sydney Running Festival

Date: 21st September 2014 Race Schedule Marathon

½ Marathon Bridge Run 9km Family Fun Run 3.5km

Team Name: Qantas Running Club.

Team password: gantas100

Website: www.sydneyrunningfestival.com.au

Melbourne Running Festival

Date: 12th October 2014

www.melbournemarathon.com.au

*** 33rd World Airline Road Road ***

Date: 01-05th October 2014 Location: Dublin, Ireland Distance: 10km & 5km www.worldairlineroadrace.org

Membership Fee Reminder

Membership fees are due for members who do not pay through payroll deduction. The \$10.00 fee can be paid through the Qantas Staff Credit Union. The account details are listed below.

<u>Payments to the Club for membership or</u> new running singlets

When making payments to the club, the Treasurer does appreciate you using the direct debit facility straight into the Club's Credit Union account. Please ensure you add a description so he can mark off your payment when he comes to balancing the books.

Many thanks,

The details for the QRC account are: Qantas Staff Credit Union

BSB 704 865 Account: 02166990

Name: QAN

Description: your name