

Runways

Newsletter of the Qantas Running Club
www.qantasrunningclub.org



Volume 12: Issue – March, 2015

This Issue

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Election of office bearers
Race results & reports
Latest information about the World Airline Road Race in Dubai, United Arab Emirates
2015 Race Calendar

Editor's Notes

Well I hope you have dusted off the running shoes and started some gentle training for the 2015 year. Keeping fit and injury free as well as some Pb's are generally on the New Year's resolution of most runners. This may be the year to have a go at your first marathon or ½ marathon.

The Oatley Park fun run is the first run for the year where we have a Qantas Team. So if you're free on the 26th of April join us for the 5km event. Following that will be the Sydney Morning Herald ½ marathon. David Bevan has organised a Team for that event which is the Qantas Running Team, Password: Qantas.

We would like to welcome our latest recruits to join the running club, David Barmettler, Jean Sanoy and Shally Singh. Great to see them out on the pavement with David recently completing in the Huskisson long course triathlon and Shally running the Hobart Run the Bridge 10km along with Justin & Bonnie Davies. Remember if you have a race report please send them to Tim Garvey tim.garvey@bigpond.com as we'd love to read them.

Annual General Meeting - Report

The Qantas Running Club AGM was held on Sunday, 22nd February 2015 at the Kiss the Barista Café.

Attendees: Shane Batkin, Tim Garvey, Sue Burroughs, John Burroughs, Jason Vella, Julie Vella, Kevin Staines, Rebecca Staines, Lou Lombardi, Wayne Williams, Beata Vitas, Sandy Collinson, Rose Collinson & Geoff Elms.

Apologies: Greg Bingham, David Barmettler, Neil Campbell, Anne Campbell, Paul De Mott, David Bevan & Roger Moresi.

President's Report - 2014

Dear members,

This year saw continued participation by members in most major running events in Sydney, across Australia and overseas. We started our year with the Oatley Park fun run in April. Our next event was the Sutherland to Surf which was held in July. It was a very cold and windy morning and the breakfast provided by Tim and myself was most appreciated by our runners. The world airline road race was hosted by EI (Aer Lingus), in Dublin and we got a great team together considering the long distance that we had to travel. Well done to all our runners for their efforts in making these events so much fun. Another winning t-shirt (first place) was designed by John Burroughs for WARR 2014. Thank you John for also flying to HKG to collect them. This was because Anne and Neil Campbell had them manufactured there for a fraction of the cost. With this saving we were lucky to be able to pass this on to our members. A very big thank you Anne and Neil.

The JP Morgan event also attracted over 30 Qantas participants. Congratulations to Joe Hedges for organising a successful JP Morgan Corporate Challenge campaign. Hopefully Joe is back on board this year and we can triple our participation.

Thank you also to Fiona Kakakios for her computer knowledge and help to Jason in regards to the QRC website. I would like to take this opportunity in thanking two very special and dedicated Running Roos for their hard work and dedication to our club for many years, Shane Batkin and Tim Garvey. We wish you all the very best in your retirement from Qantas and hope that you will continue to still be involved at some level with our club. My personal thanks go to Jason Vella who has been a man wearing many hats over the past couple of months. Jason has worked tirelessly to continue the running of our club and I am most appreciative as I am sure you are too.

I hope that WARR 2015 (DXB) will attract some new members, and I look forward to seeing as many of our current members there as possible.

Kind regards,
Susanne Burroughs
President 2014

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Election of office bearers

There being no nominations in excess of required positions, the following were elected unopposed.

President: Susanne Burroughs

Vice President: Roger Moresi

Secretary: David Bevan

Treasurer: Jason Vella

Public Officer: Jason Vella

Committee: Tim Garvey, Shane Batkin & Geoff Elms

Auditor: 2015 auditor to be sourced

Webmaster: Fiona Kakakios and Jason Vella

WARR Captain: Sue Burroughs

WARR T-Shirt Committee: John Burroughs & Julie Vella

Run Coordinator: Tim Garvey

Administrator of Facebook & Yammer: Jason Vella

Race Results & Reports

Huskisson Triathlon Festival

22nd February 2015

(Distance: 2km swim / 83km cycle / 20km run)

David Barmettler, Time: 5:17:58, Overall 622, Gender 515, Cat position 48 (New Member)

Hobart Run the Bridge 10km

15th February 2015

Bonnie Davies, Time: 43:58, Overall 135/1073, Gender 18/530, Cat position 3/91

Justin Davies, Time: 51:11, Overall 400/1073, Gender 303/530, Cat position 58/84

Shally Singh, Time: 64:43, Overall 826/1073, Gender 350/530, Cat position 57/79 (New Member)

Update - World Airline Road Race

Date: 19-23 October 2015

Location: Dubai, UAE

Where does the time rush off to? Here we are well into March already and I still have all the wonderful memories of WARR in Dublin with my extended family from all over the world, the WARRiors. It has become a yearly gathering of "The Family", making the effort to be involved with WARR, that makes this event of ours the best in the world. **From the WARR International HQ**, a quick update as to where we are with the organization and preparations for another GREAT and Exciting WARR. **Jim Batten and Ron Maxwell, representing WARR International**, are on a daily basis in contact with

the Emirates Host Committee working on all the details and procedures to guarantee you as the Team Captain and your team, representing your Airline and Country the best possible WARR week.

The WARR Emirates 2015 Host Committee is hard at work, putting together an exciting and memorable WARR Week for you and your team in Dubai. You have the dates so mark your calendars. Dubai is an amazing destination and this will be a WARR you do not want to miss. The Emirates Host Committee is very particular on all aspects of the planning so please be patient. **We** can assure you that the Emirates Team are putting on a WARR event to be part of and will be a discussion point at future WARRs!

The Emirates Airlines WARR Organization Team has been working on this year's event planned for October 19-23 in Dubai. They want you to be on the lookout for their latest newsletter in the next couple of weeks with all the latest updates. In the meantime the Tour & Adventure arm of the group is close to securing a special agreement for hotels for the event. This includes 150 rooms for the host hotel which will need to be booked by June 30th before they are released back into inventory plus 90 other hotels within Dubai. They have been assured that the rates offered will be much lower than those offered by EXPEDIA, Hotels.com, Booking.com, etc.

The Emirates Team hopes to have these hotel deals in place and announced shortly along with special WARR booking code!

So, watch your emails and check the Facebook page for all of the news regarding "**WARR - Dubai 2015**".

Regards, Barry de Kock,
WARR International Committee.

19-23 October 2015
34th World Airline Road Race
Dubai - UAE

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Upcoming Events

QRC 2015 RUNNING CALENDAR

(Please check individual websites for last minutes changes)

Singapore - 2XU Compression Run

Date: 29th March 2015
Start Time: 21.1km start 5.30am, 10km start 6.30am & 5km start 7.30am
Refer website: www.2XUCompressionrun.sg

Oatley Park Fun Run

Date: 26th April 2015
Location: Sydney, Oatley Park Ave (Cnr Dame Mary Gilmore Rd), Oatley West
Distances: 5km & 2.5km run/walk, plus the 1km Kids Bupa Dash.
Qantas Team members so far, Andre Stein Jean Sanoy, Jason Vella, John Burroughs, Sue Burroughs, Tim Garvey, Kevin Staines & David Bevan
Start Times: **8.00am** - [1km Bupa Kids Dash](#)
8.30am - 2.5km run/walk
9.00am - 5km run/walk

Electronic timing, coffee, food, kid's playground and a spectacular riverside location make this an event not to be missed. Entries for the 2015 event will open in February and are limited to 1200 places.
Refer website: www.oatleyfunrun.com

The Sydney Morning Herald ½ Marathon

Date: Sunday 17th May 2015
Start Time: 6.45am,
Team Name: Qantas Running Club. Password: Qantas
Refer website: smhhalfmarathon.com.au

The Albie Thomas Rockdale Fun Run

Date: T.B.C. May 2015
Location: Sydney – Peter Depena Reserve, Dolls Point
Distances: 5km run & 1km walk
Start Times: 8.30am
Refer website: www.rockdalefunrun.com.au

Gold Coast Marathon festival weekend

Date: 4-5th July 2015
Race Schedule (subject to change)
Saturday 4th July
10km Run, 5.7km Challenge, 4km Junior Dash, 2km Junior Dash
Sunday 5th July
½ Marathon, Marathon
Qantas Team Name: T.B.C.
Refer website: www.goldcoastmarathon.com.au

Sutherland to Surf Fun Run & Walk

Date: 19th July 2015
Location: Eton Street, Sutherland
Distance: 11km
Start Time: 8am
Qantas Team Name: T.B.C.
Refer website: www.sutherland2surf.com.au

Sydney - City to Surf

Date: 9th August 2015
Distance: 14km
Start Time: 8am
Team Name: Qantas Running Team
Refer website: www.city2surf.com.au

Blackmore's Sydney Running Festival

Date: 20th September 2015
Race Schedule: Marathon, half marathon, Bridge Run 9km, Family Fun Run 3.5km
Team Name: T.B.C.
Refer website: www.sydneyrunningfestival.com.au

St George Beachside Dash

Date: 11th October 2015
Location: Peter Depena Reserve, Dolls Point Distances: 10km & 5km run/walk, plus the Brighton Baths Athletics Club 2km Dash
Start Times: **10.30am** - 2km Brighton Baths Athletics Club Kids Dash
9.20am - 5km Dash
7.50am - 10km Dash
Refer website: www.everydayhero.com.au/event/stgeorgebankbeachsideash

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Melbourne Running Festival

Date: 11th October 2015

Refer website: www.melbournemarathon.com.au

***** 34th World Airline Road Race *****

Date: 19-23 Oct 2015

Location: Dubai, United Arab Emirates

Distance: 10km & 5km

For all the latest news on Registration, Host Hotel, T-Shirt party and Gala Dinner from the WARR committee please refer WARR website

www.worldairlineroadrace.org

JP Morgan Corporate Challenge

Date: T.B.C. November 2015

Refer website: www.jporganchasecc.com

Qantas Running Club Polo Shirts

We still have a small supply of QRC polo shirts available for sale. We have both male and female polo shirts available. Description of the polo shirts: PS54 Ladies Short Sleeve true dry & PS53 Men's Short Sleeve true dry mesh knitted polo with 60% cotton 40% cool dry blend. Breathable mesh panels under arms and sides. Sizes: S, M, L, XL

All enquires to Jason Vella please;

jvella@qantas.com.au



Membership Fee Reminder

Membership fees are due, early in the New Year, for members who **do not** pay through payroll deduction. The \$10.00 fee can be paid through the Qantas Staff Credit Union. The account details are listed below.

Payments to the Club for membership or new running singlet's

When making payments to the club, the Treasurer does appreciate you using the direct debit facility straight into the Club's Credit Union account. Please ensure you add a description so he can mark off your payment when he comes to balancing the books.

Many thanks,

The details for the QRC account are:

Qantas Staff Credit Union

BSB 704 865

Account: 02166990

Name: QAN

Description: **your name**